

Sponsor a nurse

Our nurses are essential to our medical work. Not only do they treat patients, they also provide much needed community education, showing people practical ways to prevent disease.



£75 will pay the wages of one of our nurses for one month. Just 35 people giving £15 a month would support all of our nurses in their vital work.



Each of our sponsors will be matched with one of our seven nurses and will receive annual updates about their particular nurse and the medical work in general.

To start sponsoring a nurse simply fill in the enclosed standing order form and return it to us at the address below.



SIFT, 1 Harepath Road, Seaton, Devon, EX12 2RP
(01297) 22484 • info@seed-trust.com • www.seed-trust.com

Sowing seeds of hope in Nicaragua

Extend a healing hand



Healthcare for everyone

The island of Ometepe in Lake Nicaragua is home to around 35,000 people, most of whom live in rural farming communities. As most of the state healthcare facilities are centred in the main towns a large number of people have little or no access to adequate healthcare. If they are able to see the doctor they have to pay for any medicines they need and this is often more than they can afford.

SIFT has been running health clinics on the island of Ometepe since 2005. We employ a highly qualified doctor, Dr Sandra Villagra, and seven local nurses to bring healthcare to the people who need it most.

When five year old Luis Ortiz's parents brought him to see Doctor Sandra he had been diagnosed with juvenile rheumatoid arthritis. He was suffering from severe rigidity in his neck and arms, and fluid had built up in his hands. Under Doctor Sandra's care Luis' condition improved significantly. The mobility returned to his neck and arms and the buildup of fluid in his hands reduced. In addition his blood count returned to normal and he put on weight.

Thanks to SIFT's clinics Luis was provided with the medicines he needed free of charge and his parents were saved a costly trip to mainland Nicaragua to see a specialist.



Patients at our four rural clinics pay a small, affordable fee for a consultation and receive medicines for free, enabling everyone, no matter what their income, to receive the care they need. As well as treating illnesses, Doctor Sandra and her team seek to prevent disease by giving community health education talks on topics such as hand washing and dental hygiene.

Last year our medical team treated 2,908 people, 45% of whom were children. They also provided 98 community health education talks.

It would not be possible for us to provide this high level of care without the financial support of people in the UK.

Standing Order Form

When you have completed this form, please return it to:

SIFT, 1 Harepath Road, Seaton, Devon, EX12 2RP



YOUR DETAILS

Name: _____

Address: _____

Postcode: _____

Telephone No: _____ Email: _____

Bank name: _____

Bank address: _____

Postcode: _____

Sort code: _____ Account number: _____

STANDING ORDER DETAILS

Please pay to **SIFT** at Lloyds Bank, The Square, Seaton, Devon, EX12 2QH

Account name: **SIFT - Medical** Sort code: **30-90-37** Account number: **01431595**

Amount in words:

On (date of first payment):

Please continue to pay this amount: Monthly Quarterly

Signed:

GIFT AID DECLARATION

Please treat all donations I make to SIFT on or after the date of this declaration as Gift Aid donations. *giftaid it*

I confirm that I have paid or will pay an amount of Income Tax and/or Capital Gains Tax for each tax year (6 April - 5 April) that is at least equal to the amount of tax that all the charities or Community Amateur Sports Clubs (CASCs) that I donate to will reclaim on my gifts for that tax year. I understand that other taxes such as VAT and Council Tax do not qualify. I understand that SIFT will reclaim 25p of tax on every £1 that I give on or after 6 April 2008.

Signed:

Date:

Please notify SIFT if you want to cancel this declaration, if you change your name or home address, or if you no longer pay sufficient tax on your income and/or capital gains.

ABOUT YOUR DONATION

How would you like your donation to be used? Sponsor a nurse: General medical use:

RECEIVING MORE INFORMATION ABOUT SIFT

We send out our SIFT Insight newsletter three times a year and a monthly prayer and news sheet. If you do not currently receive these and would like to, please tick the appropriate box(es) below. We would also like to be able to send you occasional information about SIFT by email (an average of one email per month) - please indicate below if you wish to opt in to this.

SIFT Insight: *By email:* *By post:*

Prayer and News Sheet: *By email:* *By post:*

Occasional information by email:

SIFT's mailing list is maintained in accordance with the Data Protection Act 1998. Your personal details are stored on a secure database for SIFT's administrative purposes only. We will not give out these details to others unless required to do so by law.