



UK Charity 1094193

The gift of health



Health for all



For SIFT's Doctor, Sandra Villagra, the most important part of her job is being able to provide high quality care for her patients. She enjoys working for SIFT because it gives her the chance to help the people who need it the most.

The cost of medicines at government run clinics in Nicaragua often makes healthcare unaffordable for the poor. For people living in rural communities on the island of Ometepe access to healthcare is further restricted as the facilities are centred on the main towns.



Last year Dr Sandra and our team of seven nurses treated 4,496 patients in SIFT's four health clinics on Ometepe. Patients pay a small, affordable fee and receive any medicines they need for free.

Dr Sandra and her team seek to improve the overall health of their patients by providing community health talks. They have also started targeted support groups according to the needs of the local community. They currently run a club for expectant mothers, a group for patients with chronic diseases and a luncheon club for the elderly.



Sponsor Dr Sandra

Dr Sandra's work wouldn't be possible without the financial support of people in the UK. By sponsoring her you will be helping us to continue providing high quality healthcare to the people of Ometepe. We suggest £15 a month, however any amount would be a great help. To start sponsoring Dr Sandra simply fill in the standing order form overleaf and return it to us at the SIFT office. You will receive annual updates about her and her work in our clinics.



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SIFT, 1 Harepath Road, Seaton, Devon, EX12 2RP
(01297) 22484 • info@seed-trust.com • www.seed-trust.com

Sowing seeds of hope in Nicaragua

Standing Order Form - Sponsor Dr Sandra

When you have completed this form, please return it to:

SIFT, 1 Harepath Road, Seaton, Devon, EX12 2RP



Your details:

Name: _____

Address: _____

Postcode: _____

Telephone No: _____ Email: _____

Bank name: _____

Bank address: _____

Postcode: _____

Sort code: _____ Account number: _____

Standing Order details:

Please pay to **SIFT** at Lloyds Bank, The Square, Seaton, Devon, EX12 2QH
Account name: **SIFT - Medical** Sort code: **30-90-37** Account number: **01431595**

Amount in words:

On (date of first payment):

Please continue to pay this amount: ☐ Monthly ☐ Quarterly

Signed:

Gift Aid declaration – make your gift go further!



Please treat all donations I make to SIFT on or after the date of this declaration as Gift Aid donations.

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I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference. I understand that SIFT will reclaim 25p of Gift Aid on every £1 that I give.

Signed:

Date:

Please notify SIFT if you want to cancel this declaration, if you change your name or home address, or if you no longer pay sufficient tax on your income and/or capital gains.